



Health Resource Guide

Topics:

Abuse and Dating Violence • AIDS, Sexual and Sexual Health • Alcohol and Drugs •
Cutting • Food Allergies • Eating Disorders • Gay, Lesbian, Bisexual, Transgender •
General Mental Health • Grief Counseling • Rape • Runaway • Smoking • Special
Needs • Suicide • Youth in Crisis • Local Health Clinics

Abuse and Dating Violence

Call:

Statewide Abuse & Neglect Hotline

1-800-792-5200

National Child Abuse Hotline

1-800-252-2873

National Domestic Violence Hotline

1-800-799-7233

Teen Dating Violence Youth Hotline

1-167-773-4878

North Shore Medical Center Child Abuse Assessment

1-978-354-2819

AIDS, Sex and Sexual Health

Call:

Hepatitis C Hotline

1-888-443-4372

Teen AIDS Hotline

1-888-234-TEEN

Planned Parenthood

1-800-230-7526

AIDS Hotline Youth Number

1-800-788-1234

Local Resources:

HIV / AIDS Services: Free, confidential AIDS/HIV tests and counseling at:

The Addison Gilbert Hospital 3rd floor
298 Washington Street
Gloucester, MA 01930
Mondays from 8:30 am - 1:30 pm (No appointment is needed)
Saturday 10:00 am - 2:00 pm (By appointment)

156 Cabot Street
Beverly, MA 01915
Wednesdays from 2:00 pm - 7:00 pm (No appointment needed)
By appointment at other times

Contact person:
Mayra Rivera
1-978-853-8633 (cell)
1-978-027-4507

Alcohol and Drugs

Call:

Alcohol and Drug Abuse Helpline
1-800-231-0420

Narcotics Abuse Helpline
1-800-234-0420

American Council for Drug Education
1-800-488-3748

Alateen
1-800-425-2666

National Drug and Alcohol Treatment Hotline
1-800-662-HELP

Local resources:

Hill House: 12-bed adolescent male group home. Residents are referred for six months to two years by the Department of Social Services.
Beverly, MA
Phone: 978-524-0175

Fax: 978-524-0214
Email: nmonahan@hes-inc.org

North Shore Medical Center Center for Addictive Behavior
1-978-354-4550

Drug Treatment Center, Boston
1-617-330-1657

Cutting

Call:

Cutting Hotline
1-800-366-8288

Food Allergies

Food Allergy Support Group: The group meets at Salem Hospital, 81 Highland Ave., Salem, the first Thursday of the month from 7 to 9 p.m. For information, call 781-598-5932.

Eating Disorders

Overeaters Anonymous: A program to help stop compulsive overeating is available at NSMC North Shore Children's Hospital, 57 Highland Ave., Salem. It meets on Tuesdays and Thursdays at 7 p.m. in Lynch Conference Room. For information, call 978-741-2381.

Eating Disorders Program: This program provides specialized evaluation, treatment, and referral services to adolescents and adults who present with eating disorders such as bulimia, anorexia, and binge eating.

The Center for Family Development of Health & Education Services
800 Cummings Center, Suite 266T
Beverly, MA 01915
Phone: 978-921-1190
Fax: 978-927-3724
Email: jfine@hes-inc.org

Gay, Lesbian, Bisexual and Transgender

Call:

Gay and Lesbian National Hotline

1-888-843-4564

Local Resources:

PFLAG MEETING: Parents, Families and Friends of Lesbian, Gay, Bisexual and Transgender Persons (PFLAG) holds its monthly support group for North Shore residents on the first Tuesday of every month at the Beverly Public Library, 32 Essex St. Free. Call Marty Langlois or Jim Lynch at 978-927-2059.

Gay & Bi Men's Health Program: Dedicated to the health and well-being of gay & bi men living on the North Shore, Merrimack Valley and beyond. GBMHP provides HIV prevention and education, referrals to HIV and STD testing and other health services, free condoms and risk reduction materials, discussion groups, and one on one HIV/STD education.

Contact person:

Brian King, Director of HIV Prevention & Education

978-927-4506 ext 219

bking@hes-inc.org

BAGLY (Boston Association for Gay and Lesbian Youth): BAGLY offers social and educational programs, as well as, HIV, STD, Drugs, and Alcohol education and prevention programs. Every other Wednesday BAGLY offers free HIV testing and counseling. For health care concerns and other needs BAGLY makes referrals to the appropriate LGBT friendly health service providers.

The BAGLY office is open 9-5 Monday through Friday.

Phone: 617.227.4313

BAGLY INC.

P.O. Box 960814

Boston, MA 02196-0814

NAGLY (Northshore Association for Gay and Lesbian Youth): Nagly's mission is to create, sustain and advocate for programs, policies, and services for the lesbian/gay/bisexual/transgender youth community, particularly including the establishment of regular support meetings, and to defend and enhance the human and civil rights of lesbian, gay, bisexual and transgender youth on the North Shore of Massachusetts.

<http://www.nagly.org/home.html>

General Mental Health

Adolescent Psychiatry: Inpatient treatment at Salem Hospital. 978-354-4550

Boston Street [Lynn] Clinic: Outpatient Mental Health. 781-599-3109

Lafayette Street [Salem] Clinic: Outpatient Mental Health. 978-744-4033

Grief Counseling

Teens Living After Loss: The Center for Grief and Healing, 10 Elm St., Danvers, offers a workshop for teens who have lost a loved one, every other Monday from 6 to 7:30 p.m. Teens ages 13 to 17 will participate in activities including art, music, writing and other expressive outlets. To register, call 978-750-9375 or e-mail jscully@hns.org.

VOCAL (Victims of Crime and Loss Children's Program) Children's Program: At the VOCAL Children's Program, counselors who have been specially trained to work with children of all ages use play therapy, art and music to help children feel safe and share their feelings and thoughts.

162 Federal Street
Salem, MA 01970
Contact: Caryn Berman
Phone: 978-745-2440 Ext 321
Email: vocal@hes-inc.org

Rape

Call:

Rape, Abuse and Incest National Network
1-800-656-HOPE

Local Resources:

The North Shore Rape Crisis Center: 24 hour anonymous hotline counseling, advocacy at the police station, hospital, or in court, individual Crisis Counseling, Educational workshops/trainings around issues of rape, date rape, violence, sexual harassment, etc, Support groups for adolescent and adult survivors of rape, child sexual abuse, and incest, rReferrals for continued support

156 Cabot Street
Beverly, MA 01915
PHONE: 1-800-922-8772 (HOTLINE)

Phone: 978-927-4506 ext. 206 (Business)
Fax: 978-927-4507
TTY: 978-921-8729
Email: nsrcc@hes-inc.org

Runaway

Call:

National Runaway Hotline
1-800-Runaway

Smoking

Stop Smoking: Beverly Hospital offers a smoking cessation program at the Lifestyle Management Institute at Hunt Center, 75 Lindall St., Danvers. Call 978-774-4400, ext. 3011.

Special Needs

Call:

Federation for Children with Special Needs
1-167-482-2915

Suicide

Call:

Suicide Prevention
1-978-688-6607

National Youth Suicide Hotline
1-800-621-4000

Suicide Hotline
1-800-999-9999

Youth in Crisis (General)

Call:

National Youth Crisis Hotline

1-800-448-4663

Local Resources:

Access Star: This program helps families in crisis or conflict identify solutions and community resources. Includes short-term youth respite placement.

Beverly, MA

Phone: 978-921-7907, ext. 214

Fax: 978-921-0815

Email: pfoley@hes-inc.org

Nexus: Adolescent services and behavioral treatment residence for girls, funded by the Department of Social Services. Services include short-term evaluation and stabilization.

Beverly, MA

Phone: 978-927-3479

Fax: 978-921-1397

Email: JMachado@hes-inc.org

Local Health Clinics

Torigian Family Health Center: Health care for all ages, & women's health services. English, Spanish and Portuguese spoken.

89 Foster Street

Peabody, MA 01960

Main phone: 978-532-4903

Office hours: M, T, W 8-7 p.m. Th, F 8-5 p.m.

Salem Family Health Center: Health care for all ages, family planning, gynecology, pregnancy testing, dental services, women's health. English, Spanish and Portuguese spoken.

47 Congress Street

Salem, MA 01970

Main phone: 978-744-8388

Office hours: M, T, W 8-7 p.m. Th, F 8-5 p.m.

Lynn Community Health Centers: Family medicine, behavioral health, social services, family planning, free pregnancy tests, HIV testing and counseling, low-cost prescription medications, obstetrics and gynecology

694 Western Avenue
Lynn, MA 01905
Main phone: 781-595-7348

29 Market Square
Lynn, MA 01905
Main phone: 781-596-3500
Office hours: M-W 8:30-5 Th 10-6 F 8:30-5
Teen Clinic: Every Wednesday from 3:00 to 8:00 p.m.